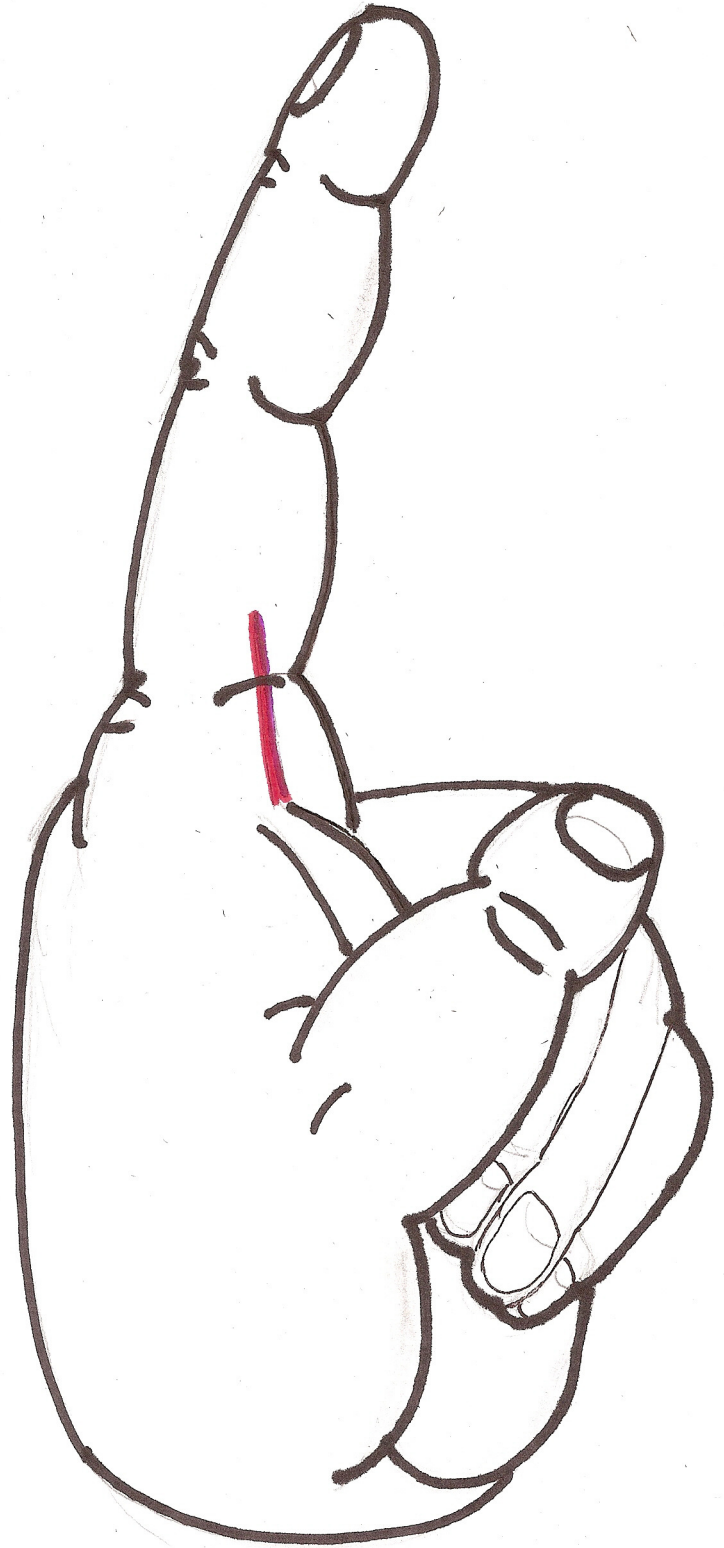


Kumo Acupuncture and Oriental Medicine
Pediatric Finger Vein
Patient Hand Out

- Assessment of the index finger vein is a useful tool for parents of children who are three years old or younger.
- Start by rubbing the finger from tip to root for 15 to 30sec.
- For boys use the left hand, for girls use the right hand.
- A vein that becomes visible past the first knuckle is normal or could represent a mild condition.
- A vein that becomes visible past the second knuckle is a more serious condition. Home remedies or professional treatment should be sought.
- A vein that becomes visible past the third knuckle is a life threatening condition and immediate care must be obtained.
- Colors and their meanings:
 - Red to purplish is Normal
 - Pronounced Red signifies a Cold condition
 - Pronounced Purple signifies a Heat condition
 - Pronounced Blue signifies a Painful condition
 - Blue can also warn that convulsion are possible
 - Black signifies either poor circulation or poor digestion



I have developed this hand out so parents have a tool with which to gauge the severity of their children's ills. For any questions or concerns that may arise from reading this page or using this technique please do not hesitate to call me at (503) 318-9490.

For more useful information please visit my web page, www.kumoacupuncture.com